
MIDTOWN WEST EXTENDED DAY

CLASS DESCRIPTIONS

2016-2017 School Year

The Extended Day activities are planned to provide engaging and enjoyable programming for Midtown West children who require childcare after school. Some are returning favorites while others are new to the program. It is our goal to expand the choices and to vary the class selection with a range of activities, allowing children to follow existing interests as well as to explore new areas of discovery.

We try to balance the program with intellectual, artistic and physical activities while also complementing the school day program the children have at Midtown West. Many of the teachers are MTW staff members further connecting the two programs as children spend time with cherished teachers. Through this consistency children experience a smooth transition at the end of their school day. Children have the opportunity to experience varied activities while having fun in a stress free, safe environment. The focus is to have fun more than to master high-level skills.

Remember: At the end of the year they **will not** be experts in a given field. They **will** have a stronger understanding and appreciation for the subjects they studied rather than a mastery level skill.

- **When registering you will choose your child's activities for the entire year.** (We will no longer program two separate semesters of classes. You will not have to choose new activities for a 2nd Semester.)
- **When choosing classes - please choose carefully.**
- **During the 2nd week of January you will have the opportunity to request a class change without a change fee.** Changes will be made based on availability. Changes will go into effect on February 1st.
- **Until the 2nd week of January there will be NO activity changes except to yard or homework.**
- **Please note the grade level cut-off where specified.**
- **Classes will be filled on a 1st come - 1st served basis.**
- **Remember that young children require free, unstructured play during their day.**
- We recommend that 1st and 2nd graders have one (1) structured activity each day and one (1) unstructured activity in Yard or Free Imaginative Play or Fun & Games
- Requests to add a day must be submitted on a day change form with a \$15 change fee by the 15th of the month and will go into effect by the 1st of the following month.
- There will be no dropping the number of days your child attends until the 2nd semester.
- When a child's behavior is inappropriate in a class, Extended Day will move the child into a different, more appropriate activity.
- When scheduled activities are cancelled due to a teacher's illness or a professional development workshop, children will be sent to other scheduled activities such as yard.

❖ ARTS & CRAFTS ACTIVITIES

Grades 1-3

Children will have the opportunity to explore a variety of mediums while strengthening their fine motor skills and creating fun and imaginative pieces of art.

❖ CARD GAMES

Grades 1-5

Have fun learning and playing different card games such as Pokemon and Magic the Gathering. Don't be discouraged if you don't have cards. Everyone will get a Pokemon starter set.

❖ COMIC BOOK CLUB

Grades 1-5

Learn about and read different comics and enjoy comic based craft activities.

❖ CRAFTS & GAMES

Grades 1-3

Children have the opportunity to make imaginative choices in their creative play using the extensive variety of games, toys and manipulatives available in the classroom.

❖ BASEBALL

Grades 1-5

Children will practice the basic skills as they learn to play the game in a fun environment.

❖ CHESS - ADVANCED

Grades 1-5

Children must demonstrate a strong understanding and ability for this program. This class is for players looking to improve their game through a deeper understanding of tactics, openings, endgame positions and over-all play. This will be a very focused and disciplined activity. Your child must continue showing a genuine interest in learning the game at this level. Inappropriate behavior that disrupts the class will result in a child being moved into a different activity.

❖ CHESS – BEGINNER

Grade 1-5

This class is for players new to the game. They will develop an understanding of tactics, openings, endgame positions and over-all play. This will be a very focused and disciplined activity. Your child must continue showing a genuine interest in learning the game at this level. Inappropriate behavior that disrupts the class will result in a child being moved into a different activity.

❖ COMPUTER PROGRAMMING

Grades 4-5

Learn coding with Jenny. Children will begin to learn the complex language of computer programming.

❖ COOKING

Grades 1-5

This is a social and fun activity with yummy treats. The children learn how to make simple and fun dishes that they can make at home and share with their families. It is a time for them to work cooperatively both in preparing the dishes and cleaning up. During the sessions the children learn to make everything from cupcakes to pasta dishes to yummy, sweet finger foods. Everyone shares in the responsibility and the fun in preparing each dish. They learn how to use a variety of kitchen and baking tools, including the blender, oven, measuring cups and spoons, etc. The children read the recipes, measure out the ingredients, blend, mix, chop and most importantly eat what they make.

NOTE:

- Children with **food allergies** will **not** be registered in the cooking classes so that we do not risk cross contamination.
- Cooking classes **cannot accommodate** strict food restrictions such as Kosher, Vegan or Gluten Free requirements.

- This is not a nutrition class. Throughout the year children will taste a wide variety of ingredients including sugar, eggs, dairy, nuts and meat prepared in many styles (baked, fried, roasted, sautéed, etc...)

❖ HIPHOP DANCE

Grades 1-5

Hip Hop Dance Class for Grades 1-3 -- Students will be introduced to the fundamentals of Hip Hop. The class includes a warm-up, choreography and a cool down. This basic level class will help strengthen flexibility, musicality and ability to pick up choreography and confidence to perform. Dancers should wear loose fitting, comfortable clothing that allows for unhindered movement and gym sneakers or jazz shoes (no street shoes in the dance studio).

Hip Hop Dance Class Description for Grades 3-5 --This class includes a warm-up, choreography and a cool down. This class will focus on Hip Hop repertory including Freestyle, House, Popping, Locking and Breaking. Students will learn a better understanding of Hip Hop technique, movement and precision. This class will help strengthen flexibility, rhythm and ability to pick up choreography and confidence to perform. Dancers should wear loose fitting, comfortable clothing that allows for unhindered movement and gym sneakers or jazz shoes (no street shoes in the dance studio).

❖ HOMEWORK HELP

Grades 2-5

Working families everywhere struggle with the balance of home life and school responsibilities. The families of Midtown West are no different. But our families have an advantage - they are part of a community that keeps working together towards success for our children. As the older grades begin to have long term, more complex homework projects, this class can help families set up a successful homework schedule.

Children will be able to use math manipulatives from the classrooms when needed. They can type reports or work on editing drafts that have been prepared at home, as well as using the computer for research. Teachers are prepared for the range of curriculum tasks that the children may bring and can connect back to the homeroom teacher when necessary. Children are to come with a piece of homework already chosen by the family. Parents are still expected to sign off on the homework before it is returned to the child's teacher and to speak to that teacher when there are problems or questions.

During homework time, the children are provided with a quiet place to work on their homework individually, or with a partner. When needed, the head and/or assistant teacher will assist them with their work. In the classrooms, the children are provided with any materials needed to complete their assignments. The children are expected to come to this class knowing what sections of their homework need to be completed. This class is not meant to be a one to one tutorial, but rather a way to build your child's independence around homework.

Based on your child's specific homework schedule during the school year you may change your ED homework schedule. Contact the ED office, if necessary.

❖ IMAGINATIVE FREE PLAY

Grades 1-3

Children have the chance to use their imaginations in their creative playtime with myriad opportunities for fun and socialization using a wide variety of toys, games and manipulatives available in the library.

❖ iPad

Grades 1-5

The Internet poses a unique challenge for both parents and teachers. There are two top priorities for both - keeping children safe and encouraging student achievement. The MTW after school computer program crafts a balance between safe and smart Internet game usage. Students are encouraged to explore appropriately and follow specific usage rules. It is important

for parents to realize that children have worked hard all day in school and are ready to unwind, socialize and have fun with technology. They are engaged in the games and are gaining a solid foundation of basic electronic skills while their imaginations are ignited.

Research has shown that e-games for children can help improve school performance. Appropriately used and with guidance, games are tools for the development of higher order thinking skills. As they progress to more difficult game levels, students create self-pacing strategies and try to achieve their personal best. Not only do they increase their cognitive skills, they increase their confidence and feel heightened self-esteem in a non-competitive atmosphere. When they play and enjoy computer games at MTW after school, our kids are learning Electronic Literacy – active learning that will prepare them for the challenges of the future.

❖ **KARATE**

Grades 1-5

Children will learn the discipline skills of Karate. This will be a demanding physical activity requiring focus and discipline. Children must be able to manage their physical spontaneity. **Children should purchase a Karate Gi at the beginning of the class. Order forms are available online & in the ED office.**

❖ **JUST DANCE**

Grade 1-3

Just Dance is a fun rhythm game series that allows you to burn calories, stay fit and enjoy a fun work-out while having a blast to your favorite songs. Step to the beat and learn real-life dance moves from music spanning the 80s, 90s, Disco, Rock, and much more. Players of this game can polish their ability to mimic the on-screen dancers performing choreography to a chosen song. Join the club and become a **JUST DANCER** today!

❖ **KINDERGARTEN ACTIVITIES**

Grade K

Kindergarten children will stay together during the 1st semester engaged in a variety of developmentally appropriate activities designed to strengthen their social/emotional growth as well as their fine and gross motor skills. A warm and nurturing environment will be created to facilitate their transition into the after school program. At 3:00 children will play while the older children have their snack in the cafeteria. As the older children go to their activities, the Kindergarteners will transition to have their snack in the cafeteria. When snack is finished the children will spend the remainder of the afternoon enjoying various activities such as story time, arts and crafts, blocks, cooking, play dough, water table, dramatic play, music, movement and free choice.

❖ **MATH OLYMPIAD**

Grades 4-5

Are you creative? Do you love the thrill of meeting challenges? Do you love math? If so, join Math Olympiad where you will be challenged to solve math problems and practice math strategies. Most importantly, you will develop mathematical flexibility and intuition, which will lead to your success! Come share this experience with peers who love math just like you!

❖ **PRE-K ACTIVITIES**

Grade Pre-K

Pre-k children will stay together as a group engaged in a variety of developmentally appropriate activities designed to strengthen their social/emotional growth as well as their fine and gross motor skills. A warm and nurturing environment will be created to facilitate their transition into the after school program. At 3:00 children will play or watch a video for a brief time until they transition to the cafeteria for snack. When snack is finished the children will spend the remainder of the afternoon enjoying various activities such as story time, arts and crafts, blocks, cooking, play dough, water table, dramatic play, music, movement and free choice.

❖ **QUIET LIBRARY TIME**

Grades 2-5

Children will have down time reading, drawing and working on computers, etc.

❖ SCIENCE CRAFTS

Grades 1-3

Children will have the opportunity to explore a variety of mediums while strengthening their fine motor skills and creating fun and imaginative crafts while focusing on science themes.

❖ SOCCER

Grades 1-5

Children will learn the basic skills of the game as they play in a fun environment. Children should always wear gym shoes and loose fitting clothing for easy movement.

❖ SPORTS

Grades 1-5

Students will play various organized sports learning to improve their game play, sportsmanship and team building skills. Sports will vary throughout the semester. Activities may include: basketball, soccer, dodge ball, floor hockey, and other creative and active sports. Children should always wear gym shoes and loose fitting clothing for easy movement.

❖ STEP DANCE CLUB

Grades 1-5

Step (also known as Step Dance) draws from elements of African dance, tap, hip-hop, break dance and marching. Beats are made with hands, feet, voice and any other objects blending together to form one cohesive unit of rhythm.

❖ STOP MOTION ANIMATION

Grades 3-5

Stop-motion animation is created by taking digital photos of an object (i.e legos) being physically manipulated in small increments creating the illusion of movement.

❖ STORY THEATRE

Grades 1-3

Story Theatre introduces the meaning of story and character through acting. The class starts out with a theatre game to get the children focused and ready to truly listen and truly respond. Then they move on to reading the story. They will learn to identify the conflict of the story and to act it out, making the moral of the story very clear through everyone's very different improvised portrayal of the conflict.

❖ STRATEGY GAMES & SUMMONERS WAR

Grades 4-5

Children will strengthen their higher order thinking skills playing various strategy games including the card game, Summoners War. They will take on the role of Summoner and play the fast-paced, action-packed card game for 2-4 players. They will wield terrible magic on the battlefield, freeze their foes in place, drain their enemies of power and summon hordes or warriors onto the battlefield. The Summoner must combine their might with clever tactics to defeat their enemy. (Medium-High Complexity and Reading Comprehension, 3rd-5th grade only)

❖ TECHNOLOGY--iMovie/Garage Band/Photography **Grades 3-5**

Children will enjoy learning various computer programs and becoming more tech savvy.

❖ TAP

Grades 1-5

Beginners: The beginner class is for children, ages 6-8, with little or no previous tapping experience. The class is intended to introduce the young tap dancer to a variety of basic tap elements, such as the parts of the foot used for tapping and the basic sounds that can be made – tap, shuffle, flap and stamp. Students apply these movements rhythmically to music to create patterns that will ultimately become a dance routine.

Advanced: The advanced class is for children who have at least one year of tap training. These children are ready to study more complicated choreography.

Dancers should wear dance clothes or loose fitting comfortable clothing for easy movement and tap shoes. (Ext. Day has a supply of recycled tap shoes so you can check with the ED office.)

❖ VIOLIN

Grades 2-5

All students must pre-register for this class. Violin will be available to returning students and grades 2 & 3. This will be a very disciplined class with high behavioral expectations. Parents and students will be required to sign a behavioral contract specifying expectations and consequences for inappropriate, disrespectful or disruptive behavior.

Children will:

- Play the violin in a small group with top music teachers
- Learn about and play orchestral music
- Work with YOSL musicians and other special guests
- Learn to read, compose, conduct, and improvise music
- Perform at The DiMenna Center and with students in similar programs across NYC

❖ YARD

Grades 1-5

Children will have unstructured playtime on the playground while strengthening their social and gross motor skills.

12-WEEK SPECIAL FEE CLASSES

An extra fee (in addition to the regular monthly tuition) will be charged for these classes.

❖ SWIMJIM	Grades 2-5
<p>The teachers of SwimJim are the most recognized swimming instructors in New York. We have developed an ordered, methodical approach to teaching swimming skills and to cultivate water competency. We believe the success with which our students navigate in the water proves the program's effectiveness. The most important aspect of our teaching process is our disciplined but loving dedication to getting children in and comfortable with the water. We are thoughtful and observant of children's behavioral and developmental patterns and will respond to their fears and concerns with love, humor and discipline. This will guide them through the necessary steps to become independent, competent swimmers. This firm, loving approach is the hallmark of SwimJim, Inc. All the members of the SwimJim team are committed to the highest level of excellence in everything we do.</p> <p>Swimmers should bring their bathing suit, a towel and goggles.</p> <p>We set very high behavioral expectations for this activity during the traveling, pool and locker room time. Children should not take this time to shower. They should dress as quickly as possible and leave the locker room.</p> <p>Special Fee = \$300 per 12 week session. Paid in full at registration</p> <p>Grades 2-5 Only</p>	

TUESDAY SWIMJIM DATES -Fall 2016

Sept. 20, 27
Oct. 11, 18, 25,
Nov. 1, 15, 22, 29
Dec. 6, 13
Jan. 10

FRIDAY SWIMJIM DATES - Fall 2016

Sept. 23, 30
Oct. 7, 14, 21, 28
Nov. 4, 18,
Dec. 2, 9, 16
Jan. 13

The scheduled SwimJim dates are subject to change.

NOTE: Extended Day cannot be responsible for lost or missing swimsuits. If children cannot find their suits they will miss the class on that day. Parents can drop off suits in the Extended Day office for safekeeping. Always inform the staff when choosing to do this.

Midtown West Extended Day

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New York, NY 10036
Office: (212) 307-5523
mtwextendedday@verizon.net
Tisa Farley, Director



SWIMJIM PERMISSION FORM

Date: _____

I give permission for my child, _____, to attend the SwimJim program with Midtown West Extended Day. I understand and agree to the following terms and conditions:

SwimJim is an outside, off site organization that offers swimming lessons. A series of 12 classes take place on Tuesdays and Fridays from 4:00 to 4:30 at the Skyline Hotel on West 50th Street and 10th Avenue. MTW Extended Day children are escorted by MTW Extended Day Staff members who remain with the children throughout the session. Upon their return to Extended Day after their SwimJim session, children will spend the rest of the day in yard or homework. After the 12-week session is completed children will be re-assigned to yard or homework until the end of the semester.

There will be **no refunds or make-up classes** for missed sessions.

I understand that I am committing financially to the full semester of 12 sessions.

Parent/Guardian: _____

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