



## APRIL 2017: High School Alternative Lunch Menu

| Monday   | Tuesday  | Wednesday  | Thursday   | Friday   |
|--|--|--|--|--|
| <b>CHICKEN</b>   | <b>BURGER BASH</b>   | <b>CULINARY</b>  | <b>NEW YORK DELI DAY</b>   | <b>PIZZA PARTY</b>   |
| 3  | 4  | 5  | New York Thursday 6  | 7  |
| <b>Chicken Dumplings</b><br>Soy Sauce Dipper<br>Vegetable Fried Rice<br><br><u>Eat Your Colors</u><br>Broccoli<br><br><u>Salad Bar</u><br>Asian Slaw | <b>Turkey Burger with Cheese</b><br>Deluxe Toppings<br><br><u>Eat Your Colors</u><br>Sweet Potato Wedges<br><br><u>Salad Bar</u><br>Spinach, Tomato & Roasted Red Pepper Salad | <b>Mexicali Chili</b><br><br>Served with Rice and Salsa<br><br><u>Eat Your Colors</u><br>Confetti Corn<br><br><u>Salad Bar</u><br>Spring Mix Salad                                 | <b>Deli Sandwiches</b><br>Turkey Caesar Wrap<br><br><u>Eat Your Colors</u><br>Seasoned Wedge Fries<br><br><u>Salad Bar</u><br>Kale Salad<br>Champlain Valley<br>NY Apple Slices                | <b>Pizza Slice</b><br>Bruschetta Pizza<br><br><u>Eat Your Colors</u><br>Chickpea Salad<br><br><u>Salad Bar</u><br>Broccoli and Cranberry Salad               |
| Spring Recess 10   | Spring Recess 11   | Spring Recess 12   | Spring Recess 13   | Spring Recess 14   |
| <b>Chicken Sabrosa</b><br><br>Yellow Rice & Beans<br><br><u>Eat Your Colors</u><br>French Fries<br><br><u>Salad Bar</u><br>Cilantro Slaw             | <b>Turkey Burger</b><br>Deluxe Toppings<br><br><u>Eat Your Colors</u><br>Sweet Potato Waffle Fries<br><br><u>Salad Bar</u><br>Spring Mix Salad                                 | <b>Cheesy Baked Rotini</b><br>Whole Wheat Dinner Roll<br><br><u>Eat Your Colors</u><br>Super Hero Spinach<br><br><u>Salad Bar</u><br>Sliced Cucumbers                              | <b>Deli Sandwiches</b><br>Hot Turkey Pastrami Melt on a Kaiser Roll<br><br><u>Eat Your Colors</u><br>Cucumber Salad<br><br><u>Salad Bar</u><br>Celery & Apple Salad<br>NY Apples/ Apple Slices | <b>Pizza Slice</b><br>Veggie Pizza<br><br><u>Eat Your Colors</u><br>Cold Bean Salad<br><br><u>Salad Bar</u><br>Carrot and Lemon Salad                        |
| Spring Recess 17   | Spring Recess 18   | 19   | New York Thursday 20   | 21   |
| <b>Pasta Fagioli</b><br>Whole Wheat Dinner Roll<br><br><u>Eat Your Colors</u><br>Roasted Zucchini<br><br><u>Salad Bar</u><br>Marinated Green Beans   | <b>100% Beef Burger</b><br>Deluxe Toppings<br><br><u>Eat Your Colors</u><br>Ranch Carrot Snackers<br><br><u>Salad Bar</u><br>Cucumber Salad                                    | <b>Savory Roasted Chicken Drumstick</b><br>Corn on the Cob<br>Buttermilk Biscuit<br><br><u>Eat Your Colors</u><br>Broccoli Trees<br><br><u>Salad Bar</u><br>Italian Classico Salad | <b>Deli Sandwiches</b><br>Italian Turkey Wrap<br><br><u>Eat Your Colors</u><br>Seasoned Wedge Fries<br><br><u>Salad Bar</u><br>Spring Mix Salad<br>Champlain Valley<br>NY Apple Slices         | <b>Pizza Slice</b><br>Bruschetta Pizza<br><br><u>Eat Your Colors</u><br>Chickpea Salad<br><br><u>Salad Bar</u><br>Spinach, Tomato & Roasted Red Pepper Salad |
| 24   | 25   | 26   | New York Thursday 27   | 28   |
| <b>Vegetarian Chili</b><br>Served with Salsa and Rice<br><br><u>Eat Your Colors</u><br>Confetti Corn<br><br><u>Salad Bar</u><br>Ranch Carrot Snacker | <b>100% Grass Fed Beef Burger</b><br>Deluxe Toppings<br><br><u>Eat Your Colors</u><br>Sweet Potato Waffle Fries<br><br><u>Salad Bar</u><br>Marinated Vegetable Salad           | <b>Black Bean Quesadilla</b><br>with Salsa and Rice<br><br><u>Eat Your Colors</u><br>Confetti Corn<br><br><u>Salad Bar</u><br>Sliced Cucumbers                                     | <b>Deli Sandwiches</b><br>Red, White and Green Panini<br><br><u>Eat Your Colors</u><br>Seasoned Wedge Fries<br><br><u>Salad Bar</u><br>Kale Salad<br>NY Apples                                 | <b>Pizza Slice</b><br>Veggie Pizza<br><br><u>Eat Your Colors</u><br>Cold Bean Salad<br><br><u>Salad Bar</u><br>Greek Zucchini Salad                          |

**EVERY KiD HEALTHY**<sup>TM</sup>  
 April 24-28 is Every Kid Healthy week



EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD

Offered Daily: Milk (1% low fat, fat free & fat free chocolate), Fresh Fruit, Canned Fruit, PB&J, Cheese Sandwiches, Deli Sandwiches, Grab & Go Salads, Hummus Grab & Go  
Flavor Station: Granulated Garlic, Red Pepper Flakes, Parmesan Cheese, Oregano  
Condiments: Ketchup, Mustard, Hot Sauce  
Homemade Dressings: Balsamic Vinaigrette, Caesar, Honey Mustard, Italian Vinaigrette

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