



FEBRUARY 2017: High School Alternative Lunch Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|---|---|
| CHICKEN | BURGER BASH | CULINARY | NEW YORK DELI DAY | PIZZA PARTY |
| | | 1 | New York Thursday 2 | 3 |
| | | Black Bean Quesadilla with Salsa and Rice | Deli Sandwiches Red, White and Green Panini | Pizza Slice Veggie Pizza |
| | | Eat Your Colors Confetti Corn | Eat Your Colors Seasoned Wedge Fries | Eat Your Colors Cold Bean Salad |
| | | Salad Bar Sliced Cucumbers | Salad Bar Kale Salad NY Apples | Salad Bar Greek Zucchini Salad |
| 6 | 7 | 8 | New York Thursday 9 | 10 |
| Chicken Dumplings Soy Sauce Dipper Vegetable Fried Rice | 100% Beef Burger Deluxe Toppings | Mexicali Chili Warm Taco Boat Served with Rice and Salsa | Deli Sandwiches Turkey Caesar Wrap | Pizza Slice Bruschetta Pizza |
| Eat Your Colors Broccoli | Eat Your Colors Sweet Potato Wedges | Eat Your Colors Confetti Corn | Eat Your Colors Seasoned Wedge Fries | Eat Your Colors Chickpea Salad |
| Salad Bar Asian Slaw | Salad Bar Spinach, Tomato & Roasted Red Pepper Salad | Salad Bar Spring Mix Salad | Salad Bar Kale Salad Champlain Valley NY Apple Slices | Salad Bar Broccoli and Cranberry Salad |
| 13 | 14 | 15 | New York Thursday 16 | 17 |
| Chicken Sabrosa Yellow Rice & Beans | Turkey Burger with Cheese Deluxe Toppings | Cheesy Baked Rotini Whole Wheat Dinner Roll | 100% New York Beef Cheeseburger Deluxe Toppings | Pizza Slice Veggie Pizza |
| Eat Your Colors Sweet Plantains Seasoned Beans | Eat Your Colors Sweet Potato Waffle Fries | Eat Your Colors Super Hero Spinach | Eat Your Colors New York French Fries | Eat Your Colors Cold Bean Salad |
| Salad Bar Cilantro Slaw | Salad Bar Spring Mix Salad | Salad Bar Sliced Cucumbers | Salad Bar Fresh Cilantro Slaw NY Apples | Salad Bar Carrot and Lemon Salad |
| Mid-Winter Recess 20 | Mid-Winter Recess 21 | Mid-Winter Recess 22 | Mid-Winter Recess 23 | Mid-Winter Recess 24 |
| Savory Roasted Chicken Drumstick Corn on the Cob Buttermilk Biscuit | Veggie Burger Deluxe Toppings | Pasta Fagioli Whole Wheat Dinner Roll | Deli Sandwiches Hot Turkey Pastrami Melt on Kaiser Roll | Pizza Slice Bruschetta Pizza |
| Eat Your Colors Broccoli Trees | Eat Your Colors Ranch Carrot Snackers | Eat Your Colors Roasted Zucchini | Eat Your Colors Seasoned Wedge Fries | Eat Your Colors Chickpea Salad |
| Salad Bar Italian Classico Salad | Salad Bar Cucumber Salad | Salad Bar Marinated Green Beans | Salad Bar Spring Mix Salad Champlain Valley NY Apple Slices | Salad Bar Spinach, Tomato & Roasted Red Pepper Salad |
| 27 | 28 | | | |
| Chicken Quesadilla Served with Salsa and Rice | Turkey Burger with Cheese Deluxe Toppings | |  <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD</p> | |
| Eat Your Colors Confetti Corn | Eat Your Colors Sweet Potato Waffle Fries | | | |
| Salad Bar Ranch Carrot Snacker | Salad Bar Marinated Vegetable Salad | | | |

Offered Daily: Milk (1% low fat, fat free & fat free chocolate), Fresh Fruit, Canned Fruit, PB&J,
Cheese Sandwiches, Deli Sandwiches, Grab & Go Salads, Hummus Grab & Go
Flavor Station: Granulated Garlic, Red Pepper Flakes, Parmesan Cheese, Oregano
Condiments: Ketchup, Mustard, Hot Sauce
Homemade Dressings: Balsamic Vinaigrette, Caesar, Honey Mustard, Italian Vinaigrette

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MENUS ARE SUBJECT TO CHANGE