



MAY 2017: High School Alternative Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
CHICKEN	BURGER BASH	CULINARY	NEW YORK DELI DAY	PIZZA PARTY
1	2	3	New York Thursday 4	5
Chicken Dumplings Soy Sauce Dipper Vegetable Fried Rice <u>Eat Your Colors</u> Broccoli <u>Salad Bar</u> Asian Slaw	Turkey Burger with Cheese Deluxe Toppings <u>Eat Your Colors</u> Sweet Potato Wedges <u>Salad Bar</u> Spinach, Tomato & Roasted Red Pepper Salad	Mexicali Chili Served with Rice and Salsa <u>Eat Your Colors</u> Confetti Corn <u>Salad Bar</u> Spring Mix Salad	Deli Sandwiches Turkey Caesar Wrap <u>Eat Your Colors</u> Seasoned Wedge Fries <u>Salad Bar</u> Kale Salad New York Apple Slices	Pizza Slice Bruschetta Pizza <u>Eat Your Colors</u> Chickpea Salad <u>Salad Bar</u> Broccoli and Cranberry Salad
8	9	10	New York Thursday 11	12
Chicken Sabrosa Yellow Rice & Beans <u>Eat Your Colors</u> French Fries <u>Salad Bar</u> Broccoli & Cauliflower Salad	Turkey Burger Deluxe Toppings <u>Eat Your Colors</u> Sweet Potato Waffle Fries <u>Salad Bar</u> Cilantro Cole Slaw	Cheesy Baked Rotini Whole Wheat Dinner Roll <u>Eat Your Colors</u> Super Hero Spinach <u>Salad Bar</u> Radish Salad with Orange Vinaigrette	Deli Sandwiches Hot Turkey Pastrami Melt on a Kaiser Roll <u>Eat Your Colors</u> Roasted Zucchini <u>Salad Bar</u> Strawberry and Cucumber Salad Fresh New York Apples	Pizza Slice Veggie Pizza <u>Eat Your Colors</u> Cold Bean Salad <u>Salad Bar</u> Spinach & Cranberry Salad
15	16	17	New York Thursday 18	19
Pasta Fagioli Whole Wheat Dinner Roll <u>Eat Your Colors</u> Roasted Zucchini <u>Salad Bar</u> Marinated Green Beans	100% Beef Burger Deluxe Toppings <u>Eat Your Colors</u> Ranch Carrot Snackers <u>Salad Bar</u> Cucumber Salad	Savory Roasted Chicken Drumstick Corn on the Cob Buttermilk Biscuit <u>Eat Your Colors</u> Broccoli Trees <u>Salad Bar</u> Italian Classico Salad	Deli Sandwiches Italian Turkey Wrap <u>Eat Your Colors</u> Seasoned Wedge Fries <u>Salad Bar</u> Spring Mix Salad New York Apple Slices	Pizza Slice Bruschetta Pizza <u>Eat Your Colors</u> Chickpea Salad <u>Salad Bar</u> Spinach, Tomato & Roasted Red Pepper Salad
22	23	24	New York Thursday 25	26
Vegetarian Chili Served with Salsa and Rice <u>Eat Your Colors</u> Confetti Corn <u>Salad Bar</u> Ranch Carrot Snacker	100% Grass Fed Beef Burger Deluxe Toppings <u>Eat Your Colors</u> Sweet Potato Waffle Fries <u>Salad Bar</u> Marinated Vegetable Salad	Black Bean Quesadilla with Salsa and Rice <u>Eat Your Colors</u> Confetti Corn <u>Salad Bar</u> Sliced Cucumbers	Deli Sandwiches Red, White and Green Panini <u>Eat Your Colors</u> Seasoned Wedge Fries <u>Salad Bar</u> Kale Salad Fresh New York Apples	Pizza Slice Veggie Pizza <u>Eat Your Colors</u> Cold Bean Salad <u>Salad Bar</u> Greek Zucchini Salad
MEMORIAL DAY 29	30	31	 <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD</p>	
Chicken Dumplings Soy Sauce Dipper Vegetable Fried Rice <u>Eat Your Colors</u> Broccoli <u>Salad Bar</u> Asian Slaw	Turkey Burger with Cheese Deluxe Toppings <u>Eat Your Colors</u> Sweet Potato Wedges <u>Salad Bar</u> Spinach, Tomato & Roasted Red Pepper Salad	Mexicali Chili Served with Rice and Salsa <u>Eat Your Colors</u> Confetti Corn <u>Salad Bar</u> Spring Mix Salad	 <p>8-12 May 2017</p>	
				

Offered Daily: Milk (1% low fat, fat free & fat free chocolate), Fresh Fruit, Canned Fruit, PB&J, Cheese Sandwiches, Deli Sandwiches, Grab & Go Salads, Hummus Grab & Go
Flavor Station: Granulated Garlic, Red Pepper Flakes, Parmesan Cheese, Oregano
Condiments: Ketchup, Mustard, Hot Sauce
Homemade Dressings: Balsamic Vinaigrette, Caesar, Honey Mustard, Italian Vinaigrette

High School Alternative Lunch Menu



MENUS ARE SUBJECT TO CHANGE